



## PHYSICAL EDUCATION CURRICULUM MAP

### EYFS and KS1



	AUTUMN		SPRING		SUMMER	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Reception</b>	Personal challenges	Target Games -1	Gymnastics -Flight, bouncing, jumping and landing.	Dance - Circus	Locomotion	Athletics
<b>Year 1</b>	Fundamental movement skills -1  Invasion Games - 1	Target Games - 2  Gymnastics- Balancing and spinning on points and patches	Dance – Under the sea  Gymnastics – wide, narrow and curled rolling and balancing	Invasion Games -2  Net and wall Games -1	Athletics  Striking and Fielding skills - 1	Tri-Golf  Striking and Fielding skills -2
<b>Year 2</b>	Fundamental movement skills -2  Personal challenges	Fundamental movement skills -3  Target Games - 3	Dance - Pirates  Gymnastics – Pathways: straight, zigzag and curving.	Invasion Games  OAA	Athletics  Striking and Fielding skills - 1	Tri-Golf  Net and wall Games - 2



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	AUTUMN		SPRING		SUMMER	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 3</b>	Tag Rugby  Sportshall Athletics	Gymnastics- Linking movements together  Dance- Space	Health Related Fitness  Handball	Cricket  Tennis	Athletics  Rounders	Athletics  Danish Longball
<b>Year 4</b>	Tag Rugby  Sportshall Athletics	Gymnastics – rolling and travelling low  Health related fitness	Dance- Dance around the world  Handball	Cricket  Tennis	Athletics  Rounders	Athletics  Danish Longball
<b>Year 5</b>	Tag Rugby  Team building and problem solving	Gymnastics – Matching, mirroring and contrast  Health related Fitness	Dance- British Values  Invasion Games - 4	Cricket  Tennis	Athletics  Hockey	Athletics  Rounders
<b>Year 6</b>	Tag Rugby  Team building and problem solving	Gymnastics – Counter balance and counter tension  swimming	Dance – Haka  Netball	Cricket  Tennis	Athletics  Hockey	Athletics  Rounders

